

Lectio Divina

September 26, 2020

Greeting and Opening Prayer

Part I

- 1) Hear the text read.
- 2) Recall the text by saying a word or short phrase that touched your heart. Listen to what others say. If someone says your word, simply repeat it again.

Part II: Commentary by Dr. Bonnie Thurston

Part III: Hear/See the text again with 5 mins silence

Part IV: Reflection and Sharing in Small Groups

- ◇ Share your reflections on what is happening in the text and what it means today.
- ◇ What do you observe?
- ◇ Is there anything that leaves you perplexed/confused?
- ◇ What does this text mean to you?
- ◇ What has praying with this text called forth from you personally?
- ◇ What needs to change in you having read this text?
- ◇ What difference will this text make in your life?

Part V: Give Thanks

Offer petitionary prayers to God.

Closing Prayer



Philippians 2:1-11

Imitating Christ's Humility

If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. Let each of you look not to your own interests, but to the interests of others. Let the same mind be in you that was[a] in Christ Jesus, who, though he was in the form of God,

did not regard equality with God
as something to be exploited,
but emptied himself,
taking the form of a slave,
being born in human likeness.
And being found in human form,
he humbled himself
and became obedient to the point of death—
even death on a cross.

Therefore God also highly exalted him
and gave him the name
that is above every name,
so that at the name of Jesus
every knee should bend,
in heaven and on earth and under the earth,
and every tongue should confess
that Jesus Christ is Lord,
to the glory of God the Father.

Footnotes

- a. Philippians 2:5 Or that you have