

Greeting and Opening Prayer

Part I

- 1) Hear the text read.
- 2) Recall the text by saying a word or short phrase that touched your heart. Listen to what others say. If someone says your word, simply repeat it again.

Part II: Commentary by Sarah Kohles, OSF

Part III: Hear/See the text again with 5 mins silence

Part IV: Reflection and Sharing in Small Groups

- ◇ Share your reflections on what is happening in the text and what it means today.
- ◇ What do you observe?
- ◇ Is there anything that leaves you perplexed/confused?
- ◇ What does this text mean to you?
- ◇ What has praying with this text called forth from you personally?
- ◇ What needs to change in you having read this text?
- ◇ What difference will this text make in your life?

Part V: Give Thanks

Offer petitionary prayers to God.

Closing Prayer

Matthew 11:25-30

Jesus Thanks His Father

At that time Jesus said, “I thank[a] you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. [b] All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

“Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

Footnotes

- a. Or praise
- b. Or for so it was well-pleasing in your sight